Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: KVZP

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lesceu Philippe HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 34: 100M BACKSTROKE WOMEN 11-12 Heat:6, starttime: 15:10

Heat: 6/11 Lane : 7 Athlete: VANBELLINGEN VERMEERE LANI **Q-time: 01:30:23**

PB (25m pool): 01:30.23 Mons 25/10/2026 **PB (50m pool):** 01:38.18 **SB:** 01:30.23 Mons 25/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.81		01:30.23	
		00:44.81		*00:45.42*	
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Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 Heat:11, starttime: 15:25

Heat: 11/11 Lane : 4 Athlete: VAN DEN TROOST AMY **Q-time: 01:20:15**

PB (25m pool): 01:20.15 Leuven 04/10/2026 **PB (50m pool):** 01:24.60 **SB:** 01:20.15 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.57		01:20.15	
		00:38.57		*00:41.58*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 Heat:4, starttime: 15:40

Heat: 4/7 Lane : 3 Athlete: LEDEGANCK SANDER **Q-time: 03:18:24**

PB (25m pool): 03:18.24 Leuven 04/10/2026 **PB (50m pool):** 03:15.62 **SB:** 03:18.24 Leuven 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:45.85		01:37.19		02:34.77		03:18.24
		00:45.85		*00:51.34*		*00:57.58*		*00:43.47*
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Coach feedback: